

START HERE (2 STEPS)

Build your 30-day debt game plan in 60 minutes

Here are your tools. Start with the Debt Starter Kit (Snapshot + 7-Day Checklist). Everything else works better after that.

STEP 1: COMPLETE THE DEBT STARTER KIT

- 1A) Debt & Credit Snapshot (Sheet) - 10–20 min
- Fill in every debt line so you can see the full picture on one page (don't problem-solve yet).
- 1B) 7-Day Stabilization Checklist (PDF) - start immediately
- Follow it in order over the next 7 days. This is your "stop the bleeding" track.

STEP 2: USE THE RESET LITE TOOLS TO LOCK IN THE NEXT 30 DAYS

- 2A) Leak Cutter Checklist (PDF) - 30 min
- Open your last 30 days of bank/card statements, find recurring/impulse "leaks," and cut 3–5 today.
- 2B) Survival Budget Builder (Sheet) - 30–45 min
- Set your bare-minimum "keep-the-lights-on" monthly number.
- 2C) 30-Day Triage Planner (Excel) - 20–30 min
- Map out the next 30 days so you're not reacting week to week.